



YOUTH HELPER

Volunteering Opportunity

Is this for you?

Are you interested in working with young people in your local community? Would you like to support young people to become active health citizens by helping to deliver an engaging, fun and informative youth programme?

Impact

Youth Helpers work directly with young people in St John Ambulance Badger Setts and Cadet Units. You will work flexibly as part of our volunteer youth team to support the delivery of a high quality and varied programme for our young people. You will work closely with the Unit team to design the scope of your role and allocate responsibilities according to the needs of their unit

Expected time commitment:

Flexible

Line managed by:

Unit Manager/Unit Youth Lead

What you would be involved in (responsibilities)

- Supporting the delivery of games, activities, and sessions during Unit meetings as part of our Youth programme.
- Co-ordinating with colleagues in your team to ensure all young people are happy, safe, and supervised, with at least one fully trained Youth Leader present at all times.
- Empowering young people, creating an inclusive environment and encouraging participation from young people
- Supporting the Unit Manager as appropriate with tasks specific to youth provision which may include administration, collecting/creating resources, paperwork, etc

What will you influence

- Experience of our people

What are you accountable for

- Working as part of the youth team in your Unit to create a safe, inclusive, and open environment in which young people can learn life skills including First Aid.
- Delivering a quality programme and an exciting, fun experience to young people.
- This volunteering opportunity is exempt from the provisions of the Rehabilitations of Offender's act and so requires an appropriate criminal records (DBS) check.

You will need to have the following (personal specification)

- Experience of working with young people (aged 5 -18) or as part of a youth organisation
- Excellent interpersonal skills and personal motivation to work as part of a team and an infectious sense of enthusiasm and commitment
- Passion for seeing young people succeed and a willingness to engage and support young people to learn life skills within St John

- Able to communicate effectively with young people

Training & support provided

The training we will provide for you in your first few months is as follows:

- Welcome programme introducing you to the charity
- Training on appropriate IT systems and processes
- Safeguarding training
- Training in other appropriate St John policies
- Dynamic Risk assessments

The extra training can be provided dependant on specific requirements and interests:

- First Aid training but not essential
- Driver training (if applicable).
- Training on Youth Work, leadership and practical skills as required

St John will provide workwear (a uniform) appropriate to the role and you will wear a Youth Helper role bar when undertaking this role.

Our values

This role requires the volunteer to embrace the organisation's vision and values, which are:
Communities that preserve and protect life through volunteering for health and first aid.

The way we do things as a charity is underpinned by our 'HEART' values. We expect all our people to uphold and apply these values in all they do.



This role profile is intended as an outline indicator of general areas of activity and will be amended considering the changing needs of St John Ambulance. It is expected that the post holder will be as positive and flexible as possible in using this document as a framework.

Prepared by: Volunteering and Young People

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