

### Is this for you?

Are you someone who cares deeply about your community? Do you agree that by sharing first aid skills and advice we can create a safer and more resilient community? If so, then becoming a Community First Aider might be the role for you!

### Impact

While observing activity at an event through regular patrols, you could be involved in anything from providing first aid advice to providing lifesaving skills for a patient until the emergency services arrive.

Your actions can save lives. Whether it's a minor injury or a serious emergency, your skills will be the difference between panic and relief.

<b>Expected time commitment</b>	80 hours per year
<b>Line managed by</b>	Unit Manager

Meeting these hours will form part of the annual revalidation for your role. The requirement can be adjusted in unforeseen or unavoidable circumstances, for example if you are unexpectedly unwell.

### What you would be involved in (responsibilities)

- Ensuring first aid is available to those who need it in your community
- Supporting local events with a primary focus on community engagement and education
- Advocating St John in communities through talks and demonstrations
- Delivering our fundraising campaigns at events, talks and roadshows
- Seeking and maximising fundraising opportunities through community activity
- Supporting the delivery of campaigns and programmes
- Being part of a thriving Community First Aid Network
- Representing St John Ambulance positively and in line with our HEART values.

### What you would be accountable for

- Actively contributing to improving first aid education within your community
- Volunteering within our policies and procedures
- Treating patients in line with your training and the First Aid Manual.

### You will need to have the following (personal specification)

- Ability to use your training to recognise the welfare and wellness needs of those you interact with
- Ability to communicate effectively verbally with a wide range of people
- Ability to motivate, inspire and support others
- Ability to build and maintain effective working relationships with a wide range of people
- Strong listening, compassion, and empathy skills
- Enthusiasm for the work of St John Ambulance and ability to model our values
- Ability to work as part of a team

- Physical fitness for a role which requires moving around an event, and treating people (including the ability to kneel by a collapsed patient and deliver effective chest compressions for at least two minutes without stopping).

## What you will influence

- Public safety at events
- Wellbeing of your community
- St John Ambulance's reputation for delivering excellent services.

## Training and support provided

The training and support we will provide for you is as follows:

- Induction programme introducing you to the charity
- Community First Aider course
- Speaking & listening skills
- Demonstrator skills
- Essential training including safeguarding, health & safety and GDPR
- Out of pocket expenses.

SJA will provide uniform in this role.

## Our values

This role requires the volunteer to embrace the organisation's vision and values, which are: **Communities that preserve and protect life through volunteering for health and first aid.**

The way we do things as a charity is underpinned by our 'HEART' values. We expect all our people to uphold and apply these values in all they do.



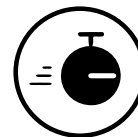
Humanity



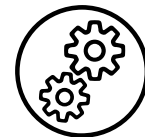
Excellence



Accountability



Responsiveness



Teamwork

This role is exempt from the provisions of the Rehabilitations of Offenders act.

This role profile is intended as an outline indicator of general areas of activity and will be amended considering the changing needs of St John Ambulance. It is expected that the post holder will be as positive and flexible as possible in using this document as a framework.

Prepared by: JD / CM / RB

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